

ST MADELEINES CATHOLIC PRIMARY SCHOOL

Food Coding
 G- Green fill the menu
 A- Amber select carefully
 R- Red only occasionally
 GF- Gluten Free

MORNING KICK START

Toast – jam or honey (A)	\$1.50
Watermelon cup (G)	\$2.50
Fresh fruit salad (G)	\$2.50
Fresh seasonal fruit (G)	\$1.50
Up and Go – chocolate or strawberry	\$2.80

TREATS

Low fat banana bread (A)	\$2.50
Assorted mini muffins (A)	\$2.00

SALAD BAR

Garden salad (G & V)	\$3.50
Caesar salad (G)	\$4.00
Chicken Caesar salad (G)	\$4.80

SANDWICHES

(white/wholemeal/multigrain)	
Vegemite (G)	\$2.00
Tasty cheese & lettuce (G)	\$3.50
Tasty cheese (G)	\$3.00
Tasty cheese & tomato (G)	\$3.30
Lean roast chicken (G)	\$3.50
Lean roast chicken, lettuce & mayo (G)	\$4.00
Lean lite ham, tomato & cheese (G)	\$4.00

WRAPS

Chicken wrap (A)	3.50
Ham wrap (A)	3.50
Chicken tandoori wrap (A)	3.50

Bread rolls \$1.00 extra

Gluten Free bread also available

TOASTIES

Cheese (G)	3.50
Cheese & tomato (G)	3.80

SNACKS

Assorted chip packets	2.00
Orchy juice cup (G)	1.50
Zooper Doopers	1.00

HOT FOOD

Meat pie (A)	4.50
Sausage roll (A)	4.00
Mini pie (A)	1.50
Mini sausage roll (A)	1.50
Chicken nuggets x 4 (A)	3.50
Chicken nuggets x 5 (A)	4.00
Chicken nuggets x 6 (A)	4.20
Chicken burger (A)	5.00
Garlic bread (A)	2.00
Nachos with salsa & cheese (A)	4.50
Oven baked potato wedges (A)	4.00
Chicken nuggets x 4 with mash potato	5.00

PASTA

Penne Napolitana (G & V)	4.50
Spaghetti Bolognese (A)	4.50
Mac & Cheese (A)	4.50
Fried rice (A & V)	3.50
Butter chicken with rice (A)	5.00
Cheese pizza	3.50
Cheese & olive pizza	3.80

FOCCACIA

Ham – Smoked ham, tomato & cheese(A)	5.00
Chicken –Chicken, lettuce & mayo (A)	5.00
Falafel – Falafel, cheese, tomato & pesto (A)	5.50

MEAL DEALS (available daily)

4 Nuggets & a milk popper or bottle of water	5.00
Chicken burger & bottle of water	6.50
Penne Napolitana, garlic bread & bottle of water	6.50
Cheese tomato sandwich & juice popper	5.80
5 Fish fingers & bottle of water	5.50
Hot dog & bottle of water	5.00

BEVERAGES

Water 600mL (G)	2.50
100% Juice popper (G)	2.00
Milkshakes (A)	3.00
Flavoured milk (A)	2.50

A wide selection of foods will be available for purchase over the counter for breakfast and at both breaks - but not necessarily all foods on the menu. Placing a lunch order is the only way to ensure your choice is available at any given time. Check the school newsletters & displays out front of the canteen for new items & meal deals

